

# Recommendations for the development of women's football in West Asia

DISCOVER FOOTBALL Expert Seminar on Women's Football and Empowerment, November 2012, Berlin

#### 1. Strengthen the acceptance of women's football in society

- Establish stakeholder clusters involving influential persons like doctors, imams or parents and to offer awareness sessions for these clusters to talk about the benefits of women's football.
- Involve parents
- Create safe spaces for girls and women to play football

## 2. Attract more girls and women to play football

- Create awareness among girls and women that sport is healthy and good for their body
- Combine playing football with workshops to improve life skills among girls and women and to form leadership
- Schools should spread women's football, for example by including girls' football in school curricula

## 3. Create more opportunities for competition

- National football leagues
- School football leagues
- International tournaments: official and professional competitions as well as inofficial and non-professional ones

## 4. Involve state and government in strengthening women's football

- Every state should officially recognize football as a women's sport
- State should provide public infrastructure like pitches and gyms and create a safe environment for girls and wo men to play football
- Women's committee on state level: own budget for development of women's football

#### 5. Ask corporate sponsors to invest in social change through women's football

- Get companies to support role model projects
- Use sponsoring to build football facilities
- Get companies to support football activities and events like festivals and tournaments
- Offer companies to use female football players for advertisement

## 6. Use media to spread the word of women's football

- Create TV shows and journals exclusively on women's football
- Teams and clubs should use social media such as Facebook for their self-promotion

# 7. Get more support for women's football from FIFA

- FIFA should raise its support of women's football through Financial Assistance Programme (FAP) from 15% to 25%
- FIFA should make its support programs better known
- FIFA should offer special training sessions for female referees, coaches and administrative staff

### 8. Increase the impact and influence of women in football federations

- More female staff in general
- At least one woman in each committee in charge of women's football
- Women's football department should be independent from men's football department: autonomous budget and decision-making