



DISCOVER FOOTBALL
female perspectives

INTERNATIONAL FEMALE COACHES CONFERENCE



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Participants List

	Name	Country / City	Year of Birth
1	Carmen Pozo Rios	Bolivia / La Paz	1967
2	Daphney Teoh	Malaysia / Kuala Lumpur	1993
3	Enala Phiri	Zambia / Lusaka	1981
4	Haibata Niampa	Burkina Faso / Ouagadougou	1984
5	Haifa Guedri	Tunesia / Tunis	1989
6	Marie Grace Nyinawumuntu.....	Rwanda / Kigali	1982
7	Lydia Rozelda Hatzenberg	Namibia / Windhoek	1987
8	Mahda Rezaee Asl	Iran / Teheran	1981
9	Nermin Sameeh	Egypt / Cairo	1984
10	Olimpia Puerto Moctezuma	Mexico / Mexico City	1968
11	Jestina Wilson	Liberia / Monrovia	1990
12	Rasha Elghorour	Libya / Tripoli	1992
13	Safaa Al-Sabsabi	Syria / Beverungen	1978
14	Shaden Abuzuluf	Palestinian Territories / Beit Sahour	1997
15	Yasmeen Shabsough	Jordan / Amman	1995
16	Rokiatou Sidibe	Ivory Coast / Berlin.....	1994

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CARMEN POZO RIOS

Bolivia | Journalist | Teacher

Hi! My name is Carmen Pozo but people call me Piña, I am from La Paz – Bolivia. Sports is my way of living. I am a sports journalist and I have a magazine called Las Súper Poderosas. I am also a P. E. teacher at Saint Andrew's School and I am track & field trainer there too.

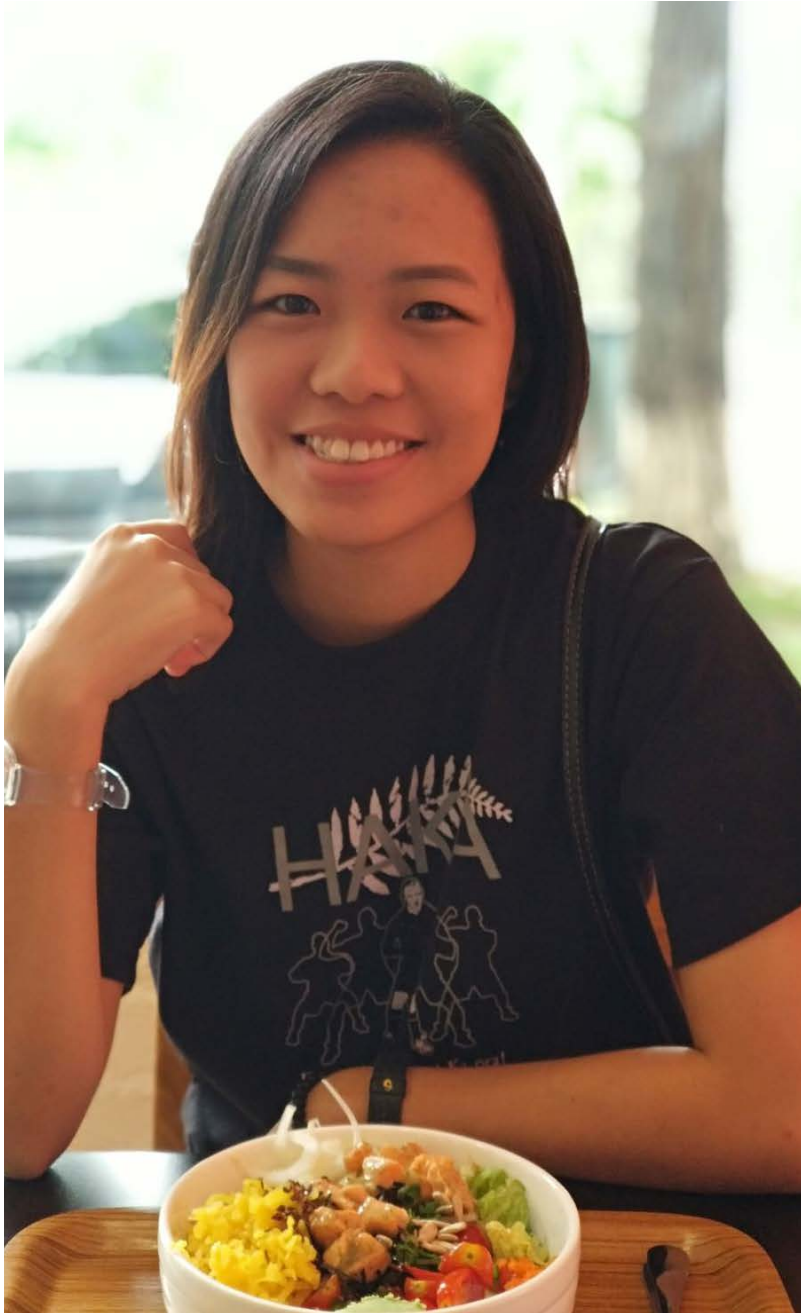
With a friend of mine we founded the first and only soccer academy for girls in Bolivia - "Las Súper Poderosas". We started with fourteen girls and now we have seventy players that train with us from different ages and three female coaches that played for La Paz and Bolivia's team before. We have been working for four years. We organize different soccer clinics and projects for girls that like soccer in Bolivia. We use soccer as a tool to empower women.

DAPHNEY TEOH

Malaysia | Grassroots football coach

I grew up in a family where I had no exposure to football and only started watching and learning about football after high school. Women's football was not a thing back then so I started playing futsal. At the same time, I started coaching in a football academy as a part time grassroots coach to earn some extra pocket money while studying. Because of my passion for football, I continued coaching until today in different academies and football development programs. To enhance my skills, I attended a few coaching courses, football events/festivals and took part in several coaching roles for grassroots football.

However, I feel like I need to do something for the women's football in my country. There are many young girls who love football but they do not get the opportunity to play football. I want to contribute to the development of women's football as it is slowly growing in my country. I want to inspire and empower young girls to go after their dreams.





ENALA PHIRI

Zambia | Social worker and football coach

My name is Enala Phiri and I am a Social Worker by profession and this is my story as a female football player and coach.

I started playing football at 15 years, mostly street football with boys and a few of girls. I loved playing football but was not so good at it and mostly did not make it in the first line-up. But that did not bother me as long as I was part of the team, to me that was more important.

I later joined a girls' team and played with fellow girls and also in a girls' youth league which made me develop more interest in the game. During my playing time I noticed that all the girls teams were coached by men and we did have situations where girls were abused by a coach just to be part of the team. That really didn't feel right with me and the girls were made to feel that they were in the wrong.

This was happening while I was searching for an answer as to why girls are always treated less everywhere, so with full passion to change the negative stories on girls I decided to become a coach and formed a team not just for girls but both boys and girls. I called it Junior Coaches in Concern (JCC). I am the first female coach in my country to coach and I have coached youth teams up to super amateur boys team and still the only female coach to head the senior women's national team.

I am fighting for equal rights for women because as a national coach I never was never given a salary. I have since been fired for speaking for the female footballers. I believe in us.



HAIBATA NIAMPA

Burkina Faso | Football coach of PRINCESSES FC

Hi everyone! My name is Haibata Niampa from Burkina Faso. I am a football coach with a Level C CAF licence and a level B licence from the Burkinabe Football Federation. At the same time, I am a french teacher and a public school in Ouagadougou. I played football for a long time with Princesses FC and now I train the same team since 2011. I am also president of the organising committee of the International Women's Football Tournament of Ouagadougou (TIFFO). I would like to further contribute to Burkinabe football in general

and especially to the team dear to my heart "les PRINCESSES". For this reason I jump at all opportunities which serve women's football and the development of the players and their fundamental rights. I therefore see this conference as a great occasion to enrich my knowledge with the experience of others and to share my own.

Long live women's football and long live Discover Football!

HAIFA GUEDRI

Tunisia | Physical education teacher | Football coach

My name is Haifa Guedri and I was born in Tunis 29 years ago. For more than a decade (2004/2015) I played for the Tunisian national team. As an offensive player, I had the privilege to be the first girl to score a goal for an official match of the national team and later the first goal during a final tournament the African Nations Cup in Equatorial Guinea. For more than 50 times I was selected for the Tunisian National team.

At national level, I played for three teams from Tunis during my career and on several occasions in the National cup and twice in the National league. All through my career, I continued my education. After my A level (baccalaurét), I studied physical education and graduated 2010. Later in 2015, I obtained a postgraduate Diploma in Sport management from Cairo University, jointly with CIES and FIFA and in 2015 and I received a diploma as football coach from Leipzig University as well. For the last four years, I worked as a PE teacher near Bizerte in Tunisia.

Coaching youth and women's football has been an integral part of my activity for the last eight years. I started coaching youth teams at my club, then got the CAF training license and A certificate, then became an u17 coach at Tunisair women's club and I worked as a youth

academy coach for more than 5 years. I am currently responsible for a youth academy and hope very soon to be in charge of the Tunisian girl's youth national team to transmit my experience and improve it.

I am particularly interested in finding synergies between the women's football teams of the Arab countries. This was the topic of my final project in the postgraduate diploma at Cairo University. My other project for the future is to try to reduce the gap between the Tunisian women's league and the European ones. To this effect, it is crucial to professionalise the staff, find sponsors, have an increased media coverage of the league and finally develop the youth categories. There is a need to share the financial assistance arriving from FIFA, CAF and other organizations between the men (boys) and women (girls). The qualification of men's National Team of Tunisia to the last World Cup had a consequence; the program for the women's national team was simply abandoned to concentrate all the efforts to the men's team

This should not happen in the future. We have to create awareness with the sports authorities, sponsors and media to change the situation.





MARIE GRACE NYINAWUMUNTU

Rwanda | Football coach of AKWOS Team

I am called Marie Grace NYINAWUMUNTU, I was born on 16th December 1982, in Kayonza District of the Eastern Province. I am the first born in a family of two girls and one boy. I am the first Football referee and National coach in history of Rwanda. I trained a National team from 2008 up to 2017 as Head coach. In 2008, I created AS Kigali Women, a first football club in our Country and I have 9 trophies for National league as Head coach from 2008 up to 2017.

Since my early childhood, I was interested in playing football. I played for different football clubs in Rwanda even the National team. Something of course my family never approved neither supported. Growing up, football was regarded as boy's game and girls weren't supposed to play it or be in men's football team, because it was forbidden in Rwanda culture to see a girl or woman doing Sport.

Despite the lack of the society's support, I never ceased to look for opportunities to play football. Unfortunately, when I started high school in 1996, I faced the similar challenge. Football was still regarded as boy's sport, and I had to enroll in other sports such as basketball and volley ball.

It was until finishing high school, when I finally managed to find a platform where I was extremely excited to showcase my talent and passion for football. In 2003, only one year after finishing my secondary school, I was selected to be on the first national women team. My passion of football

was bigger than anything else I could imagine, that's why I also wanted to be a professional coach. I remember a time when I decided to pursue my bachelor education in sports, only few people like Felicite (a founder of the first football team in Rwanda history) could encourage me while others were telling me that i will never become a coach, since all coaches were men at that time.

I was eager to prove that women can not only play well football, but they can as well be great coaches as men. My story inspires young girls who often face the similar challenges of not getting the society's approval to pursue what they are passionate about. I use my knowledge about sport to inspire girls and women to not shy away from their dreams instead to use their talents in building a better life for themselves and their communities.

In additional to a bachelor's degree in sports and Physical Education, I acquired a B-License for Europe and seven months of Football internship in Germany which allow me to train second division in Europe and a C-License for CAF.

I strongly believe that sports are a great tool to help girls and women become confident and agent of change and I continue using my story to empower my fellow sisters.

I am still working hard and doing my best to achieve my goals and dreams.

LYDIA ROZELDA HATZENBERG

Namibia | Youth activist and football coach

I am Lydia Hatzenberg the Technical Assistant Manager at the Namibia Football Association's Galz and Goals Programme. Through the Galz and Goals Programme, girls are able to play organized football on a weekly basis and partake in healthy lifestyle activities and health information sessions. Since its inception in 2009, Galz and goals has spread to 10 regions and 12 towns in Namibia. I have been a youth activist for the young girls within this program since 2013. My role as coach and instructor is to motivate the young girls I work with to do their best on and off the football field, to ensure that the coaches that train them are also well equipped to inspire and nurture their talents.

In 2015 I was the National Coordinator of Sportstec, a Sport for Development organisation targeting the implementation of Physical Education in schools under the UNICEF School Sports for Development initiative. I am trained in Sport 2 Life, Kicking Aids Out and Football 4 Life Facilitator, skills that I have been honing and implementing for the past 6 years.

I was invited as a speaker at the 2018 European Development Days; held in Brussels on the panel, "Move to Improve", using sports as a tool for tackling gender issues, promoting gender equality and ensuring that women and girls can participate in organised sport on a regular basis. At the International Instructors Course for Sports for Development in Kamen, Germany I completed a two week training program that built on my previous knowledge of sports for development and qualified me to train instructors in the sport for development methodology. My degree in Social Sciences equipped me well to live out my passion for youth development and continuously strive for equality for women and girls.





MAHDA REZAEI ASL

Iran | Film maker and football coach

I have been a football coach for more than 10 years and I currently train the Aroosha women's team and Khanon Ghods youth team. I started playing football when I was a teenager because I love this sport and after being a player I decided to be a coach to help kids and women who love football too. I have participated in many coaching courses and I have a Asian Football Confederation C Licence.



NERMIN SAMEEH

Egypt | Academic and football coach

I'm always working hard and doing my best to achieve my goals and dreams. Since I was a little girl, I loved the football game. I played, watched it and talked about it all the time. Then when I grew up I decided that the football field must be my life career. So I studied, researched and coached it. I finished my Master in 2013 and my PhD in 2016 in the Sport Training field. Between this years in summer 2015 I finished my diploma scholarship in Football training with "ITK Courses " from Leipzig university, Germany.

Since I came back home, I started training our girls football team in my college and take part of the first women technical coaches team in our Women Egyptian league with a new club called " The Olympic Champion", and still have more goals and dreams which i hope all of it come true soon.



OLIMPIA PUERTO MOCTEZUMA

Mexiko | Physical Education Teacher | Football coach

My name is Olimpia Puerto Moctezuma. I am Mexican and a P.E teacher. I graduated from Mexico City's Escuela Superior de Educación Física, where I played goalkeeper for the Women's Football Team. Football and sports in general were so appealing to me that after having competed in swimming and completing a Master's degree in Tertiary Education, I applied for and was accepted to do a specialization in Sports Psychology at Leipzig University in Germany. There I was privileged to take part in the only generation of the program that was taught in Spanish and during which we focused on mental preparation for competition by utilizing self-instructions coaching through concentration and self-motivation by means of music and effective methods of verbal and non-verbal communication; mental rehabilitation in the aftermath of disease or lesions. The program also covered motivational strategies in an effort to be able to meet sports demands, and how to face the end of your career as a sports person. These were some of the topics that we were taught which provided me with invaluable tools that afforded me the opportunity to eventually grow professionally as

a teacher at ESEF, my alma mater, by forming physical education professionals while I was given the responsibility of becoming a mental coach for the men's football team, which at that time was going through a streak of losses, without achieving one single victory, until we started to work with them and succeeded in making them champions of the season.

Last year I was invited to work for ENED, the main sports coaches school in Mexico City, where I am now the head of the International Academic Liaison Department. In this position, I hope to continue contributing with my knowledge, experience and passion for sports. That being said, I very much welcome this opportunity to share my experience and live other relevant situations through football. I have no doubt that the Discovery Football conference is the right place to do so.

JESTINA WILSON

Liberia | Grassroots football coach

I am Jestina B Wilson, a Liberian; I started my football career at the age of 12 in the community I live and was later recruited - Earth Angles female football team (a FODEDE Run Team) and I had the opportunity to be sponsored in furthering my high school Education. I took advantage of FODEDE Vocational and life skills training programs and enrolled at the Maryann Chessman School of Home Art and Cosmetology where I studied hair braiding and Presently working at FODEDE own established Vocational and Technical training center as an instructor in the Cosmetology department of the school.

In 2010, I was recruited on the Liberia Female U-17 National Team for national duty as a central defender while I was also appointed as the field captain of my team. Serve on the national team up to 2016 when it was dissolved due lacked of support but maintain my position as Captain and player on my club team.

FODEDE partnership with other sporting organizations locally and internationally, in 2012, I was selected as one of the players to participate in the Coaches Across Continent coaching program were I was certificated. In 2014, I was also selected to participate in 3days coaching program from Right to Play Liberia were I was certificated. In September of this year, I was selected to participate in a one week Coaching Program of the FU-TEBOL DA FORCA where I was also certificated.

Football is my major passion, been a player and a coach is one of the best thing that ever happened to me and lives with in me. I also feel overwhelmed and (motivated) seen myself on the pitch every day of my life and so for this reason, I will always spread the message of soccer in and around the world as a opportunity for social development.



RASHA ELGHOROUR

Libya | Football Coach U17 Libyan National Women's Team

I'm Rasha Elghorour and I was a football player with the Libyan National Team from 2010 to 2018. Women' Football in my country is like a girl who is fighting in a losing battle in a field that belongs to men and she does not have the right to be there. Also because this girl competes against her customs and traditions which do not allow football in the name of religion and the monopoly by men in our conservative society. So I wanted to challenge the unfair and unjust norms and rules by not only growing in this field but by empowering other women just like me who love football. I had convinced some girls to join the practice of this sport, I did so by teaching them the meaning of Gender Equality by using football as a tool to educate. I have participated in workshops in Lebanon 2015 with participation of many young girls from all regions of Lebanon, in association with the Lebanese Federation and Discover Football.

My personal achievements were to be the First Libyan Woman to receive a C license in football coaching from Confederation African Football (CAF). Everyone was surprised because of my highest mark among 40 men in the course. I have broken the rules by challenging myself that I had been the only girl between them. When I gave my speech on the last day, I said that every Libyan girl has the right to prove her abilities in all fields and I presented myself that I'm a person who speak four different languages, graduated student and I have a family that supported me.

I started coaching the Libyan U17 Women National team 6 months ago but now we have stopped because of the security problems that Libya faces but we will keep fighting to be able to change the mentality and that strange look from people's faces. For being someone who gives an impact on the girls' heart who have been unable to cope with the difficulties and the challenges from our society, and for defending the rights of youth, women and gender equality to prove that I'm a girl who wants success in her life, that was a real achievement to change the mindset in so many girls and men. My role in football is more than just the game, it's also empowering youth. As time goes by, I have participated in some symposiums in how can we develop women's football in Africa and I have been selected to be in charge of Girl Affairs of the National Libyan Youth Organization. We have organized workshops for girls on how to claim their rights to exercise sports by raising awareness.

Last but not least all the hate speech, criticism, harsh environment I faced in Libya was only motivation for me to do more, but my family gave me all the support to handle that, I truly believe in myself and the ability to grow professionally and academically but also to use any knowledge and experience to help, educate and inspire young girls.

Now I'm working with the Libyan Football Federation President to develop myself and reach my dream to be the first woman in Libya who will be the General Secretary of the Libyan Football Federation in the future.



SAFAA AL-SABSABI

Syria | Physical Education Teacher and Football Coach

I was a sports teacher and worked in the Ministry of Education from 1999-2015 as a P.E teacher at middle and high school. After that in a college as a P.E. teacher and later on I was a supervisor in the Department of Supervision and Guidance. I have worked in the Department of Sports Education in Damascus. I was a handball player from 1990 to 2013 and joined the Syrian national team for women in 1994 and participated in several Arab, international and Asian tournaments. I started handball training in 2000 to 2015.

I started playing football in 2004 and I was a member of the Syrian team. I participated in several international tournaments, the most important of which was the West Asian Championship in 2008. After that I started attending training courses with FIFA and AFC. I received an Asian Certificate C-B. I was the coach of the national team in 2009-2010 and I also worked for the Women's Committee for Football. However after that the war began in my country Syria and I left home in 2015. I am now in Germany and wish to pursue my sporting career and continue to work in this field.



SHADEN ABUZULUF

Palestinian Territories | Football player and coach

I am Shaden Abuzuluf, a football coach for girls in Beit Sahur in the Palestinian Territories. I am also a football player in the Palestinian national team. I have been passionately playing football for over than 14 years and I have been a coach for 3 years. This year we took the third place in u16 tournament in Palestine for girls in futsal. It was my first ever experience as a coach in an official tournament which was indeed my best experience until now.

Living in Palestine made playing football tough for girls especially that traditions in the past were against such things. But now it's all different, there are over than 30 teams for girls in Palestine and it is growing year by year. I like being a good influence to my girls and I always remind them of the love of the game. Football for me is more than winning or losing, more than

being the best team or the worst one - it is more about sportsmanship, respect, knowing how to fight racism and being able to acknowledge other people's personalities.

Being a football player gave me a different perspective than other coaches - I know how to make girls look at football the same way as I do, a lifestyle that connects all people together for a better purpose. Now being a Palestinian woman who plays football means that I can compete internationally with all the countries. This was a dream that came true, I hope one day women in Palestine can play for the world cup and prove that women from all over the world are capable of achieving whatever goal they set their eyes on.



YASMEEN SHABSOUGH

Jordan | Football player and coach

I am Jordanian National Team footballer, graduate from university with a marketing degree, 2 x Guinness World Record Holder, and works with GIZ Sport for Development throughout Jordan.

I started playing football at the age of 12 and won the National League Title four times with my professional club. I also represented Jordan with the national team in many international tournaments.

I work for GIZ S4D to train PE teachers, football coaches and university students how to combine social skills with sportive skills in developmental workshops, which they then implement in their own community's training sessions. Most recently I began leading youth leadership workshops, inspiring teens to harness their abilities and skills to become the next set of local change makers.

In 2016, I was part of the local organizing committee for the FIFA U17 Women's World Cup in Jordan.

In 2017 I joined Equal Playing Field, an initiative which challenges gender inequality in sport and promotes sports development for girls and women globally. I climbed to the top of Mt. Kilimanjaro and set the Guinness World Record for the Highest Played Altitude Football Match - ever.

In 2018 I helped bring EPF to Jordan and co-organized/participated in the second EPF Challenge, "Jordan Quest 2018". Together they set another Guinness World Record, the Lowest Played Altitude Football Match, at the Dead Sea.

In my free time, I continuously fight for girls and women by organizing football and sports camps across Jordan. My passion provides girls and women a safe space to smash through the invisible barriers and experience how sports can positively shape their lives.



ROKIATOU SIDIBE

Ivory Coast | Grassroots football coach

I am from the Ivory Coast but I am living in Berlin while I wait for my asylum seeker status to be given. Since coming to Berlin I have been training and coaching with Champions ohne Grenzen and I have completed two training courses. I have experienced playing football in different contexts, in Europe and in the Ivory Coast. In my country lots of girls love to play football and have a lot of capacity but no support to do so.

I have mainly coached children's teams until now but my goal is to be the coach of a women's football team. I want to teach others how to train well and how to work hard. Women can work just as hard as men so I find very important to focus on coaching female football players.